

ALLERGY AND ASTHMA HEALTHCARE

Skin Test Preparation

The decision to perform skin testing is made on an individual basis during your initial visit. There is no guarantee that allergy testing will be done at that visit, but if it is, please note that the following medications are known or suspected to interfere with skin testing.

NON-PRESCRIPTION MEDICATIONS: [HOLD FOR 7 DAYS PRIOR TO TESTING]

Actifed	Dimetapp	Tagamet
Alka Seltzer + Sinus Allergy	Dristan Allergy & Cold Med	Tavist/Tavist D
Allegra	Drixoral	Tylenol Allergy Sinus
Allerest	Isoclor	Tylenol Cold Multi-Sym
A.R.M.	Loratadine	Tylenol Flu Night Time
Benadryl	Optivar	Tylenol PM
Chlor-Trimeton	PediaCare	Vicks NyQuil Formula 44
Claritin	Pepcid AC	Vicks Pediatric 44M
Comtrex	Sudafed Plus	Zaditor

PRESRIPTION MEDICATIONS: [HOLD FOR 7 DAYS PRIOR TO TESTING]

Accolate (zafirlukast)	Dramamine (dimenhydrinate)	Phenergan (promethazine)
Actifed with Codeine	Dymista	Rondec
Allegra/Allegra D (fexofenadine)	Elestat	Ru-Tuss
Astelin/Astepro (azelastine)	Extendryl	Ryantuss
Atatrax (hydroxyzine)	Hyroxyzine	Sine-Aid
Benadryl (diphenhydramine)	Pataday	Singulair (montelukast)
Bromfed	Patanase (olopatadine)	Tussionex
Claritin/Claritin D (loratadine)	Patanol	Vistaril (hydroxyzine)
Comhist	PBZ (pyribenzamine)	Xyzal (levocetirizine)
Deconamine	PediaCare Cold Allergy	Zyflo (zileuton)
Dimetane DC/DX	Periactin (cyroheptadine)	Zyrtec (cetirizine)

H2 RECEPTOR AGONISTS: [HOLD FOR 7 DAYS PRIOR TO TESTING]

Pepcid (famotidine)	Tagamet (cimetidine)	Zantac (ranitidine)
---------------------	----------------------	---------------------

ANTIDEPRESSANTS: [SUPPRESSION BY ANTIDEPRESSANTS IS DRUG & DOSE DEPENDENT AND MAY REQUIRE 3 DAYS TO 3 WEEKS FOR WASHOUT. DO NOT HOLD WITHOUT PHYSICIAN RECOMMENDATIONS]

Doxepin (Sinequan, Adapin)	Amitriptyline (Elavil, Endep, Etrafon, Triavil)
Imipramine (Tofranil)	Limbitrol
Desipramine (Norpramin)	Amoxapine (Asendin)
Trimipramine (Surmontil)	Nortriptyline (Pamelor)
Clomipramine (Anafril)	Protriptyline (Vivactil)

Inform us if you are on a **BETA-BLOCKER**. This is not a complete list of **BETA-BLOCKERS**, check with your physician if your **BETA BLOCKER** is not listed and prior to discontinued use. **BETA BLOCKERS** should be held for 24 hours prior to testing.

Propranolol (Inderal)	Atenolol (Tenormin)	Metoprolol (Lopressor, Toprol)
Kerlone* (Betaxolol)	Normodyne (Labetalol)	Visken (Pindolol)
InnoPran XL (Propranolol)	Lopressor* (Metoprolol)	Coreg (Carvedilol)
Zebeta (Bisoprolol)	Betapace AF (Sotalol)	Levatol (Penbutolol)
Corgard (Nadolol)	Blocadren (Timolol)	Inderal LA (Propranolol)
Tenormin (Atenolol)	Brevibloc* (Esmolol)	Cartrol (Carteolol)
Bystolic* (Nebivolol)		

Maria Sabio, M.D.

Ernesto Ruiz-Huidobro, M.D.

816 S. Kirkwood Road Suite 200, Kirkwood, MO 63122
1400 Highway 61 South Suite 260, Festus, MO 63028
300 Medical Plaza Suite 230, Lake St. Louis, MO 63368

Phone: 314-821-2100
Fax: 314-822-7726
Exchange: 314-388-6547